

**GRIEF. GUILT. GRUDGES.**

*Let* **GOD**




A person is standing on the peak of a dark, rocky cliff that juts out into a vast, deep blue ocean. The scene is captured during sunset or sunrise, with the sky filled with soft, wispy clouds in shades of pink, orange, and blue. The sun is low on the horizon, creating a warm, golden glow that reflects off the water and illuminates the person's silhouette. The overall mood is contemplative and serene.

Psalm 38:4 (NIV)

<sup>4</sup> My guilt has overwhelmed me  
like a burden too heavy to bear.





**“To let go of guilt  
you need  
agreement,  
acknowledgement,  
and atonement.”**

A person stands on the peak of a dark, rocky cliff that juts out into a vast, calm ocean. The sky is filled with soft, wispy clouds in shades of blue, purple, and orange, suggesting a sunset or sunrise. The overall mood is contemplative and serene.

1 John 3:4 (HCSB)

<sup>4</sup> Everyone who commits sin also  
breaks the law; sin is the breaking of  
law.

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## Psalm 51:2-3 (NLT)

<sup>2</sup> Wash me clean from my guilt.

Purify me from my sin.

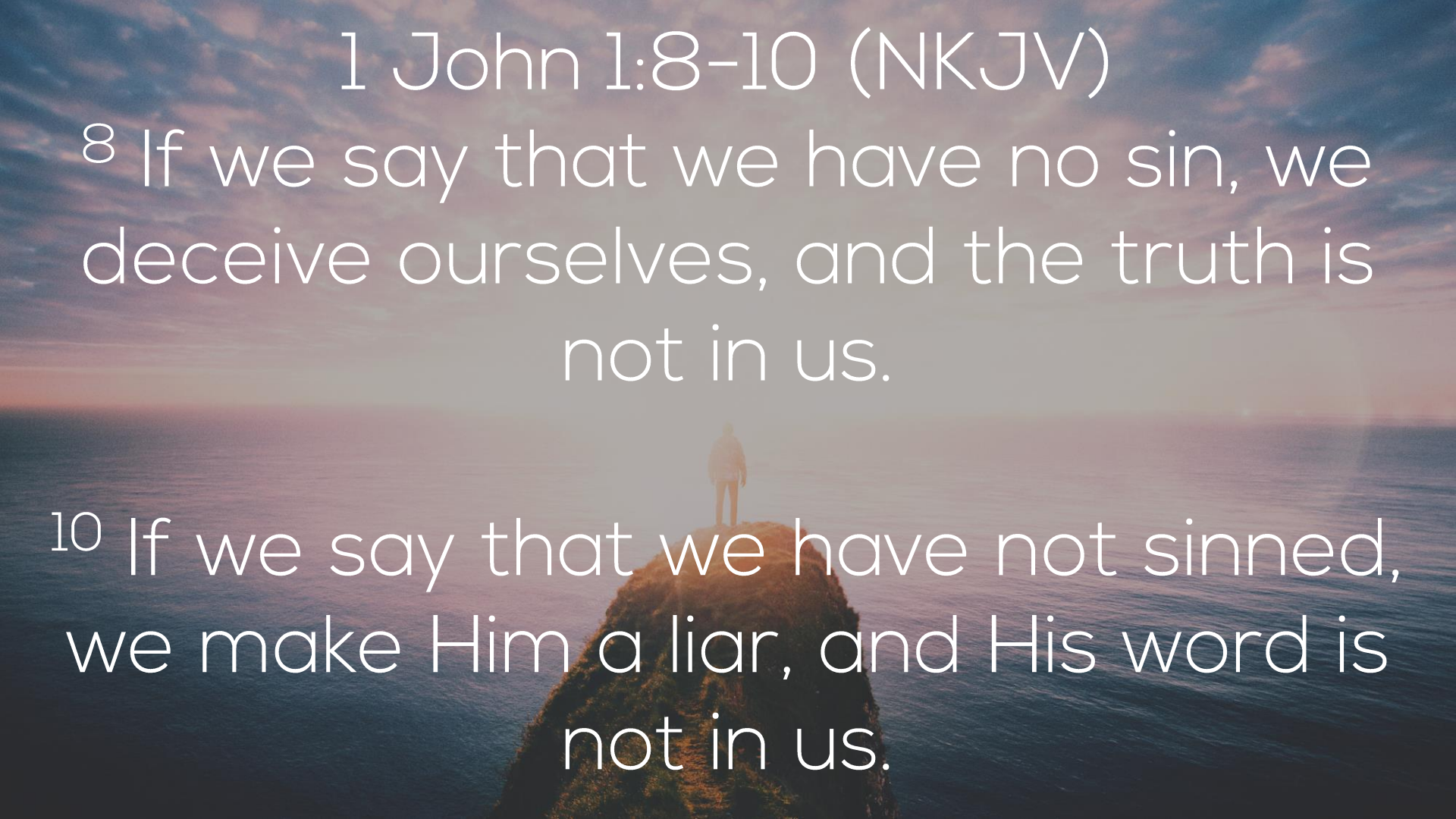
<sup>3</sup> For I recognize my rebellion;  
it haunts me day and night.



# 1 John 1:8-10 (NKJV)

<sup>8</sup> If we say that we have no sin, we deceive ourselves, and the truth is not in us.

<sup>10</sup> If we say that we have not sinned, we make Him a liar, and His word is not in us.



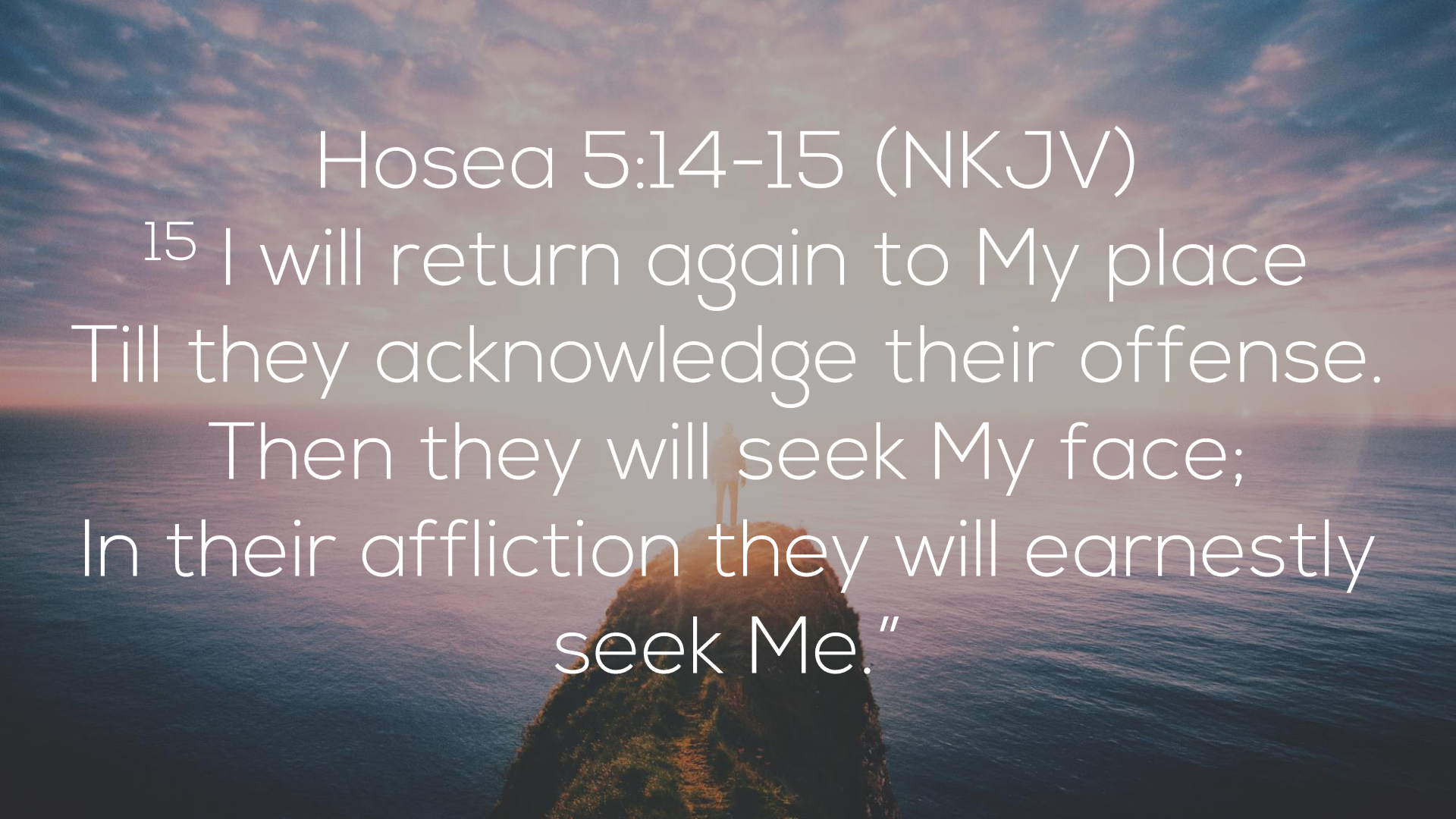


Hosea 5:14-15 (NKJV)

<sup>14</sup> "For I will be like a lion to Ephraim,  
And like a young lion to the house of  
Judah.

I, even I, will tear them and go away;  
I will take them away, and no one  
shall rescue.



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Hosea 5:14-15 (NKJV)

<sup>15</sup> I will return again to My place  
Till they acknowledge their offense.  
Then they will seek My face;  
In their affliction they will earnestly  
seek Me."



# Psalm 32:3-5 (NLT)

<sup>3</sup> When I refused to confess my sin,  
my body wasted away,  
and I groaned all day long.

<sup>4</sup> Day and night Your hand of discipline  
was heavy on me.

My strength evaporated like water in  
the summer heat.

A person is standing on the peak of a dark, rocky cliff that juts out into a vast, dark blue ocean. The scene is captured at sunset or sunrise, with a warm, golden light illuminating the horizon and the sky. The sky is filled with soft, wispy clouds in shades of orange, pink, and blue. The person, seen from behind, is silhouetted against the bright light of the setting or rising sun. The overall mood is contemplative and serene.

## Psalm 32:3-5 (NLT)

<sup>5</sup> Finally, I confessed all my sins to You and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the LORD." And You forgave me! All my guilt is gone.



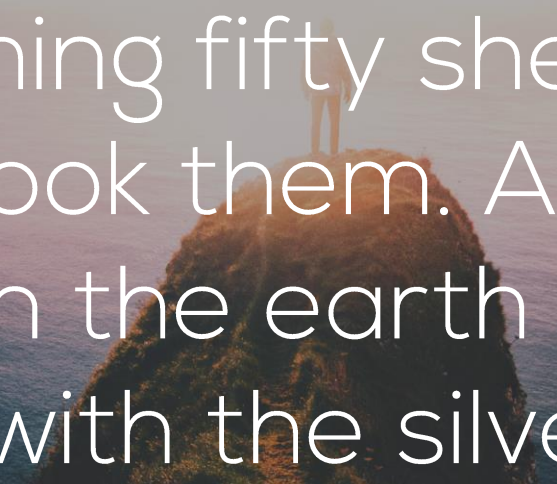
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Joshua 7:20-21 (NKJV)

<sup>20</sup> And Achan answered Joshua and said, "Indeed I have sinned against the LORD God of Israel, and this is what I have done:

Joshua 7:20-21 (NKJV)

<sup>21</sup> When I saw among the spoils a beautiful Babylonian garment, two hundred shekels of silver, and a wedge of gold weighing fifty shekels, I coveted them and took them. And there they are, hidden in the earth in the midst of my tent, with the silver under it."

A person is standing on the peak of a dark, rocky outcrop that rises from the sea. The scene is captured at sunset or sunrise, with a warm, golden light illuminating the sky and the person's silhouette. The sky is filled with soft, wispy clouds in shades of blue, purple, and orange. The sea is visible in the background, with gentle waves breaking against the base of the rock.

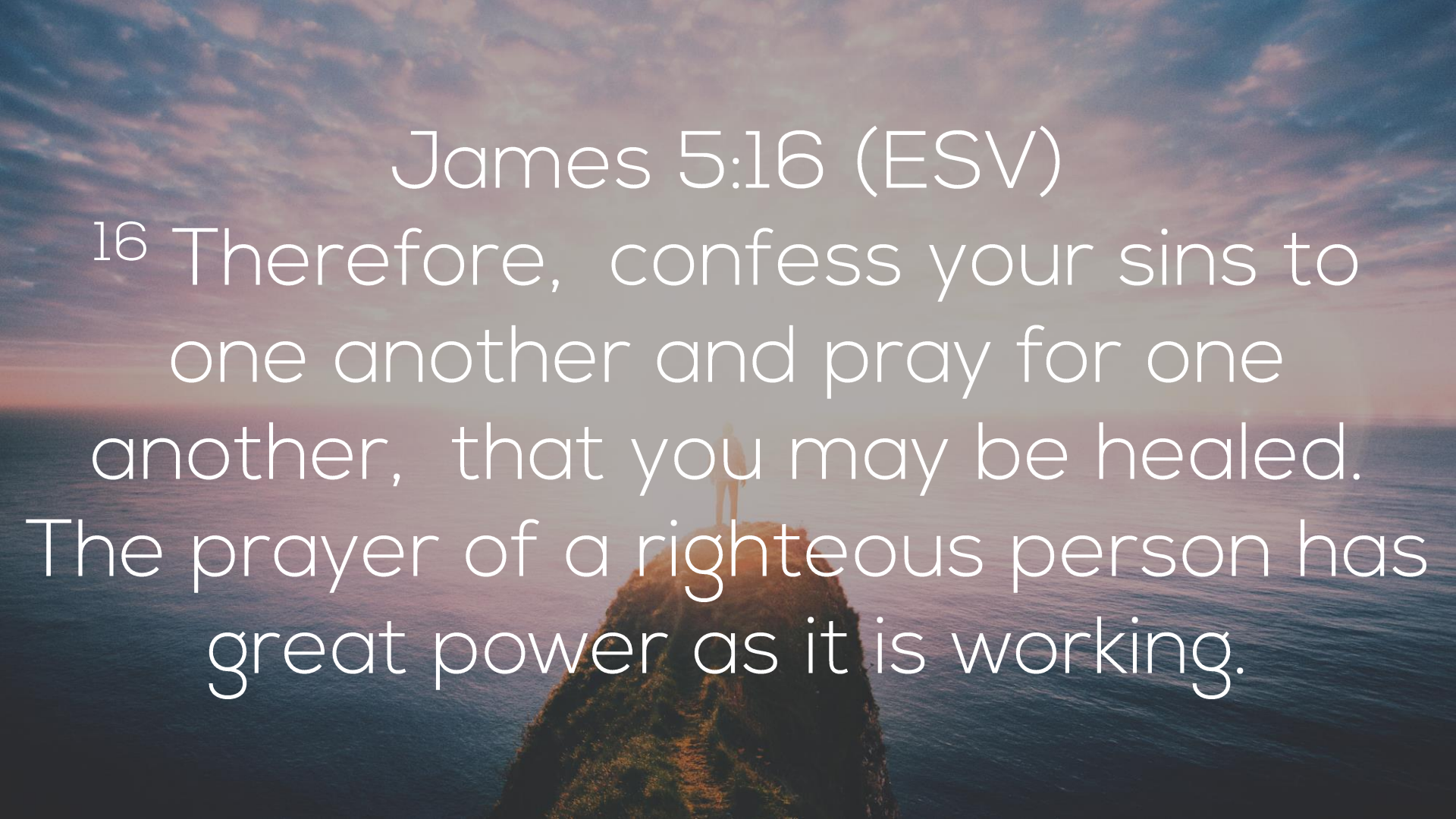


# APOLOGY

"against"



"word"

A person is standing on the peak of a dark, rocky cliff that juts out into a vast, deep blue ocean. The scene is captured during sunset or sunrise, with a sky filled with soft, wispy clouds in shades of orange, pink, and blue. The sun is low on the horizon, creating a warm, golden glow that reflects off the water and illuminates the person's silhouette. The overall mood is contemplative and serene.

James 5:16 (ESV)

<sup>16</sup> Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.



# Psalm 51:4 (NLT)

<sup>4</sup> Against you, and you alone, have I  
sinned;

I have done what is evil in your sight.

You will be proved right in what you  
say,

and your judgment against me is just.

# Psalm 19:12-13 (NLT)

<sup>12</sup> How can I know all the sins lurking in  
my heart?

Cleanse me from these hidden faults.

<sup>13</sup> Keep Your servant from deliberate  
sins!

Don't let them control me.

Then I will be free of guilt  
and innocent of great sin.

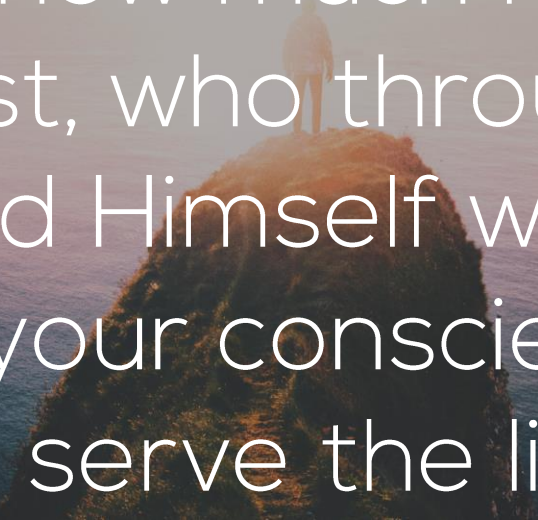


## Numbers 5:6-7 (NKJV)

<sup>6</sup> "Speak to the children of Israel: 'When a man or woman commits any sin that men commit in unfaithfulness against the LORD, and that person is guilty,  
<sup>7</sup> then he shall confess the sin which he has committed. He shall make restitution for his trespass in full, plus one-fifth of it, and give it to the one he has wronged."

## Hebrews 9:13-14 (NKJV)

<sup>13</sup> For if the blood of bulls and goats and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh, <sup>14</sup> how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?

A person is standing on a dark, rocky outcrop in the middle of the ocean. The person is silhouetted against the bright light of a sunset or sunrise. The sky is filled with soft, colorful clouds in shades of orange, pink, and blue. The water is dark and calm, reflecting the light from the sky. The overall mood is peaceful and contemplative.